

# WHAT'S FOR DINNER?

*Your Family Meals Month guide to having just one more meal at home!*



**SUN**

**Cheesy baked ziti with ground beef, mixed green salad with Italian dressing, and garlic bread**

**MON**

**Sheet pan pesto salmon, herb seasoned potatoes, and roasted asparagus**

**TUE**

**West African inspired peanut stew with chickpeas and fresh fruit**

**WED**

**Beef and vegetable stir fry with oyster sauce, rice, and pot stickers**

**THU**

**Turkey burgers, oven fries, spicy fry sauce, and root beer floats**

**FRI**

**Herb-seasoned baked chicken thighs, roasted carrots, pesto Parmesan pasta with spinach, chocolate angel food cake with ice cream and berries**

**SAT**

**Roast pork loin with blackberry sauce, mashed sweet potatoes, and blueberry nectarine green salad with basil lime dressing**

