

Family Meals Made Easy! Recipe Schedule

Below you will find the National Digital Ad offer schedule as well as the corresponding recipe schedule. **ingredients with an asterisk indicate items included in the National Digital Ad offer.*

September 20 - October 3, 2020 | 75¢ off when buy any these (3), Limit 1 offer per transaction

1. Chicken and Rice Casserole

- 2 cans (10.5 oz. each) cream of chicken soup*
- 2 cans (14.5 oz. each) chicken broth*
- 2 cups uncooked long-grain white rice*
- 2 cups frozen mixed vegetables (carrots, corn, green beans and peas)
- 1 teaspoon salt
- 1 teaspoon paprika
- ½ teaspoon onion powder
- ¼ teaspoon black pepper
- 3 large boneless skinless chicken breasts (1.5 lbs); cut in half
- ½ cup (2 oz.) shredded cheddar cheese

October 4 – 17, 2020

- REESE'S Peanut Butter Pumpkin Spider | \$.75 Off (2) Hershey Halloween Snack Size
 - 8 REESE'S Peanut Butter Pumpkins*
 - 32 Large pretzel twists Large
 - 1/4 cup HERSHEY'S Milk Chocolate Chips, HERSHEY'S SPECIAL DARK Chocolate Chips or HERSHEY'S Semi-Sweet Chocolate Chips*
- Black Bean and Turkey Chili
 - 2 tablespoons vegetable oil, divided*
 - 1 chopped, stemmed, red bell pepper, seeded, and chopped
 - 1 chopped, onion
 - 1 teaspoon ground cumin
 - 1 teaspoon chili powder
 - ¼ teaspoon cinnamon
 - ¼ teaspoon dried basil
 - ¼ teaspoon ground sage
 - ¼ teaspoon crushed red pepper (For an extra kick, adjust this seasoning!)
 - Salt
 - 3 minced, garlic cloves
 - 1 pound ground turkey
 - 3 cups chicken broth
 - 1 4-ounce can diced green chilis

- 1 cup frozen corn kernels
- 2 15-ounce cans black beans, rinsed and drained

October 18 – 31, 2020 | \$1 Off (1) Idahoan Original Mashed Potatoes (13.75 oz.) and (1) IGA Gravy (10.5)

- **Idahoan Chunky Soup Pour Over***
 - 1 4-oz package Idahoan® Original Mashed Potatoes*
 - 1 15-oz can of your favorite chunky heat and serve soup or stew
- **Butternut Squash Soup**
 - 2 tablespoons butter, at room temperature
 - 2 tablespoons extra-virgin olive oil
 - 1 medium onion, chopped
 - 1 medium carrot, peeled and chopped into 1/2-inch pieces
 - 3 cloves garlic, minced
 - 3 1/2 pounds butternut squash, peeled, seeded, and cut into 3/4-inch pieces (about 7 to 8 cups)
 - 6 cups low-sodium chicken stock
 - Kosher salt and freshly ground black pepper

November 1 – 14, 2020 | \$1 Off (2) NILLA or HONEY MAID GRAHAM items (11oz. or larger)

- **Peppermint Crunch Grahams***
 - 8 HONEY MAID Honey Grahams, broken crosswise in half (16 squares)*
 - 1 pkg. (4 oz.) white baking chocolate, melted
 - 3 Tbsp. crushed green and/or red starlight mints (about 6 candies)
- **Cornbread, Sausage, & Apple Stuffing**
 - 1 9"x13" pan corn bread
 - 16 ounces bulk pork sausage
 - 3 tablespoons unsalted butter
 - 1 fennel bulb, stalks discarded, halved, cored, and chopped fine
 - 2 ribs celery, chopped
 - 1 onion, chopped
 - 2 tablespoons sage
 - 1 tablespoon thyme
 - 1 teaspoon each salt and pepper
 - 2 Granny Smith apples, peeled, cored, and chopped (Golden Delicious apples also work well.)
 - 2 eggs, lightly beaten
 - 1 ½ to 2 cups turkey or chicken broth, divided

